



CITY FRESH FOODS, INC.

June 2009

School Lunch Menu Served with an 8oz 2% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
1 Jamaican Beef Patty Red Beans and Rice Sliced Carrots Fresh Fruit du Jour	2 Breaded Chicken Tenders Whipped Potatoes Mixed Vegetables Fresh Fruit du Jour Ketchup Wheat Bread	3 Spaghetti and Meatballs w/Marinara Sauce Steamed Green Peas Chilled Pineapples Multi-Grain Roll	4 All Beef Hamburger Seasoned Potato Wedges Steamed Broccoli Fresh Fruit du Jour Ketchup Hamburger Bun	5 Italian Baked Ziti w/Two Cheeses & Marinara Sauce California Blend Vegetables Fresh Fruit of the Day Wheat Roll
8 Salisbury Steak w/Brown Gravy Mashed Potatoes Green Beans Fresh Fruit du Jour Wheat Bread	9 Breaded Chicken Tenders White Rice Fresh Zucchini Fresh Fruit of the Day BBQ Dipping Sauce Wheat Bread	10 Sonnys North End Style Pizza Seasoned Diced Potatoes Steamed Green Peas Ketchup Fresh Fruit du Jour	11 Baked Cheese Lasagna w/Marinara Sauce Steamed Carrots Chilled Peaches Wheat Roll	12 Fish Cakes Vegetable Rice Steamed Broccoli Fresh Orange Ketchup Wheat Bread
15 Chicken Nuggets Mashed Potatoes Mixed Vegetables Fresh Fruit du Jour Sweet and Sour Dipping Sauce Wheat Bread	16 Vegetarian Hot Pocket Seasoned Yellow Rice Steamed Sliced Carrots Fresh Fruit du Jour	17 Spaghetti and Meatballs w/Marinara Sauce Steamed Green Beans Chilled Mixed Fruit Cocktail Wheat Roll	18 General TSO Chicken Tri-Color Pasta Steamed Green Peas Fresh Fruit du Jour Wheat Bread	19 Turkey & Cheese w/Lettuce on/Wheat Bread Pasta Salad Mayonnaise Chilled Pineapples
22 Beef Bologna & Cheese w/Lettuce on/Wheat Bread Marinated Vegetable Salad Mayonnaise Chilled Peaches	23 All Beef Hot Dog Baked Beans Steamed Carrots Fresh Fruit of the Day Ketchup Hot Dog Bun	24 Tri-Color Tortellini w/Marinara Sauce Fresh Zucchini Chilled Pineapples Multi-Grain Roll	25 Zesty Orange Chicken Sunshine Rice Mixed Vegetables Fresh Fruit of the Day Wheat Bread	26 Sonnys North End Style Pizza Potato Wedges Steamed Broccoli Ketchup Fresh Fruit du Jour
29 Popcorn Chicken Cheddar Mashed Potatoes Steamed Green Peas Fresh Fruit du Jour Ketchup Wheat Bread	30 John's Texas Style Baked Macaroni & Cheese Green Beans Chilled Peaches Wheat Roll			