



City Fresh Foods Inc.

## December 2009 School Lunch Menu served with 8oz 2% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Vegetarian Hot Pocket Seasoned Yellow Rice Steamed Sliced Carrots Fresh Fruit du Jour	2 Spaghetti & Meatballs with Marinara Sauce Steamed Green Beans Chilled Mixed Fruit Cocktail Wheat Roll	3 General TSO Chicken Tri-Color Spiral Pasta Steamed Green Peas Fresh Fruit of the Day Wheat Bread	4 Cheese Pizza Seasoned Potato Wedges Capri-Mixed Vegetables Ketchup Chilled Pineapples
7 John's Texas Style Baked Macaroni & Cheese Steamed Green Beans Fresh Fruit du Jour Wheat Roll	8 All Beef Hamburger Baked Beans Steamed Carrots Fresh Fruit of the Day Ketchup Hamburger Bun	9 Stuffed Rigatoni with Marinara Sauce Fresh Zucchini Chilled Pineapples Multi-Grain Roll	10 Zesty Orange Chicken Mashed Potatoes Scandinavian-Mixed Vegetables Fresh Fruit of the Day Wheat Bread	11 Cheese Pizza Seasoned Diced Potatoes Steamed Broccoli Ketchup Fresh Fruit du Jour
14 Breaded Chicken Tenders Vegetable Rice Green Beans Fresh Fruit du Jour BBQ Dipping Sauce Wheat Bread	15 Baked Ziti with Mozzarella Cheese Steamed Broccoli Chilled Peaches Wheat Roll	16 Popcorn Chicken Cheddar Mashed Potatoes Glazed Baby Carrots Fresh Fruit du Jour Ketchup Wheat Bread	17 Jamaican Beef Patty Rice and Black Beans Steamed Green Peas Fresh Fruit of the Day	18 Cheese Pizza Seasoned Potato Wedges Normandy-Mixed Vegetables Fresh Fruit du Jour Ketchup Wheat Roll
21 Chicken Nuggets Mashed Potatoes Mixed Vegetables Fresh Fruit du Jour Sweet & Sour Dipping Sauce Wheat Bread	22 Tri-Color Cheese Tortellini with Marinara Sauce Steamed Green Beans Chilled Peaches Wheat Roll	23 Roasted Turkey w/Gravy Mashed Potatoes Steamed Broccoli Fresh Fruit Cranberry Sauce Wheat Bread	24 CLOSED CHRISTMAS HOLIDAY	25 CLOSED CHRISTMAS HOLIDAY
28 CLOSED WINTER BREAK	29 CLOSED WINTER BREAK	30 CLOSED WINTER BREAK	31 CLOSED WINTER BREAK	