



November 2009

School Lunch Menu served with 8oz 2% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
2 Breaded Chicken Tenders Vegetable Rice Green Beans Fresh Fruit du Jour BBQ Dipping Sauce Wheat Bread	3 All Beef Hamburger Baked Beans Steamed Broccoli Ketchup Chilled Peaches Hamburger Bun	4 Baked Macaroni and Cheese Glazed Baby Carrots Fresh Fruit du Jour Wheat Roll	5 Jamaican Beef Patty Rice and Black Beans Steamed Green Peas Fresh Fruit of the Day	6 Cheese Pizza Seasoned Diced Potatoes Normandy-Mixed Vegetables Ketchup Fresh Fruit du Jour
9 Chicken Nuggets Mashed Potatoes Mixed Vegetables Fresh Fruit du Jour Sweet & Sour Dipping Sauce Wheat Bread	10 Tri-Color Cheese Tortellini with Marinara Sauce Steamed Green Beans Chilled Peaches Wheat Roll	11 CLOSED VETERANS DAY	12 BBQ Meatballs Sunshine Rice Sweet Corn Fresh Orange Wheat Bread	13 Cheese Pizza Potato Wedges Steamed Green Peas Ketchup Marble Cake
16 Jamaican Beef Patty Red Beans and Rice Sliced Carrots Fresh Fruit du Jour	17 Breaded Chicken Tenders Whipped Potatoes Mixed Vegetables BBQ Dipping Sauce Chilled Mandarin Oranges Wheat Bread	18 Spaghetti & Meatballs with Marinara Sauce Steamed Green Peas Chilled Pineapples Multi-Grain Roll	19 All Beef Hamburger Seasoned Potato Wedges Steamed Broccoli Fresh Fruit du Jour Ketchup Hamburger Bun	20 Cheese Pizza Seasoned Yellow Rice Capri Blend Vegetables Fresh Fruit du Jour
23 Salisbury Steak with Brown Gravy Mashed Potatoes Green Beans Fresh Fruit du Jour Wheat Bread	24 Breaded Chicken Tenders White Rice Fresh Zucchini Chilled Pineapples Ketchup Wheat Bread	25 Roasted Turkey w/Gravy Mashed Potatoes Steamed Broccoli Cranberry Sauce Apple Pie Wheat Roll	26 CLOSED THANKSGIVING	27 CLOSED THANKSGIVING
30 Zesty Orange Chicken Mashed Potatoes Steamed Green Peas Fresh Fruit du Jour Wheat Bread				