

October Upper School Athlete of the Month



Zak Knight – In his senior season Zak Knight filled several different roles for the Salem Academy high school soccer team. Zak helped lead the team by example as he always worked hard and never complained. Zak was asked to play several different positions throughout the season and wherever he was playing his impact was felt on the field.

Primarily Zak played in the central midfield or at the central forward position and was always very team oriented. He was always looking to set his teammates up to succeed and would make that extra pass for a teammate to score. Zak was constantly making great passes and was one of our team leaders in assists. When playing defense Zak was fearless and often times would be matched up against an opposing team's best offensive player.

Zak took every challenge that his coaches threw at him in stride and is a very coachable student athlete. Congratulations to Zak and we look forward to his continued contributions as a student athlete at SACS.



October Lower School Athlete of the Month



Katherine Darmody – In her first athletic season at Salem Academy Katie Darmody made an immediate impact on the middle school soccer team. Katie plays the game with reckless abandonment and is afraid of no one on the field. This fearlessness was shown when Katie was forced to step in and play goalie and played so tenaciously that she chipped a tooth. After a long bus ride home and a visit to the dentist the next day Katie was still at practice with a smile on her face.

Katie primarily played center forward for the team and in many cases Katie took on defenders nearly double her size but she would never back down to any of them. While the middle school team had limited success in scoring goals Katie was always the team's spark plug offensively. Her tireless work ethic was evident as she leads the team in shots taken and shots on goal by a significant margin. Her positive attitude, dedication, and leadership set great example for all of her teammates to follow.

Congratulations to Katie and we look forward to her continued success and growth as a student athlete.