

COLD BREAKFAST

SEPTEMBER 2026



Monday Fruit: Orange	Tuesday Fruit: Apple	Wednesday Fruit: Clementine	Thursday Fruit: Banana	Friday Fruit: Apple
Aug 31	1	2	3	4
Whole Wheat Bagel w/ Cream Cheese <u>Contains milk, soy, wheat</u>	Pop Tart <u>Contains wheat</u>	Variety of Cereal	Blueberry Muffin (Whole Wheat) <u>Contains eggs, milk, soy, wheat</u>	Hard Boiled Egg Corn Muffin <u>Contains eggs, milk, wheat</u>
7	8	9	10	11
Pop Tart <u>Contains wheat</u>	Whole Wheat Bagel w/ Cream Cheese <u>Contains milk, soy, wheat</u>	Variety of Cereal <u>Contains wheat</u>	Honey Bun <u>Contains dairy, wheat, egg, soy</u>	Yogurt/ granola <u>Contains dairy</u>
14	15	16	17	18
Whole Wheat Bagel w/ Cream Cheese <u>Contains milk, soy, wheat</u>	Chocolate Chip Muffin <u>Contains milk, egg, soy, wheat</u>	Variety of Cereal	ZEE ZEE'S Strawberry Bar <u>Contains soy, wheat, dairy</u>	Pop Tart <u>Contains wheat</u>
21	22	23	24	25
Variety of Cereal <u>Contains wheat</u>	Honey Bun <u>Contains dairy, wheat, egg, soy</u>	Whole Wheat Bagel w/ Cream Cheese <u>Contains milk, soy, wheat</u>	Pop Tart <u>Contains wheat</u>	Hard Boiled Egg Corn Muffin <u>Contains eggs, milk, wheat</u>
28	29	30	OCT 1	OCT 2
Honey Bun <u>Contains dairy, wheat, egg, soy</u>	Chocolate Chip Muffin <u>Contains milk, egg, soy, wheat</u>	Variety of Cereal	ZEE ZEE'S Strawberry Bar <u>Contains soy, wheat, dairy</u>	Whole Wheat Bagel w/ Cream Cheese <u>Contains milk, soy, wheat</u>

Every Meal Includes a 8 ounce 1% Milk Carton or a 8 ounce Chocolate Milk Carton