

Salem Academy Charter School

9-12 Vegetarian Lunch Menu

December 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	1	2
Cheese Lasagna with Sauce Green Beans WG Goldfish Crackers WG Breadstick Fresh Apple Orange Juice Choice of Milk	WG Bean & Cheese Burrito French Fries Broccoli Cuts Mandarin Oranges Apple Juice Choice of Milk Ketchup	WG Macaroni & Cheese Whipped Potatoes Green Beans WG Dinner Roll Diced Peaches Grape Juice Choice of Milk	WG Vegetarian Nuggets Sweet & Sour Sauce Lima Beans Diced Carrots Brown Confetti Rice Animal Crackers Fresh Orange Blended Fruit Juice Choice of Milk	Cheese Pizza Dippers Marinara Sauce Mixed Vegetables Fresh Banana Orange Juice Choice of Milk
5	6	7	8	9
WG Bean & Cheese Burrito Green Beans Diced Carrots Fresh Orange Grape Juice Choice of Milk	Galaxy Cheese Pizza Broccoli Cuts Mixed Vegetables Animal Crackers Diced Peaches Apple Juice Choice of Milk	WG Vegetarian Nuggets Brown Gravy Whipped Potatoes Diced Carrots WG Dinner Rolls Mixed Fruit Blended Fruit Juice Choice of Milk	WG Egg & Cheese Bagel Black Beans Whole Kernel Corn WG Tortilla Chips Fresh Banana Grape Juice Choice of Milk Salsa	Vegetarian Burger Sliced Cheese WG Hamburger Bun Sweet Potatoes Baked Beans WG Pretzel Goldfish Fresh Apple Orange Juice Choice of Milk Ketchup
12	13	14	15	16
Cheese Lasagna with Sauce Green Beans WG Dinner Rolls Animal Crackers Diced Peaches Orange Juice Choice of Milk	WG Egg & Cheese Bagel Tater Tots Whole Kernel Corn WG Chocolate Chip Muffin Applesauce Grape Juice Choice of Milk Ketchup	Garbanzo Beans Marinara Sauce with Parmesan WG Penne Pasta Broccoli Cuts WG Breadstick Fresh Apple Choice of Milk	Vegetarian Cheeseburger on WG Bun Mixed Vegetables Diced Carrots Fresh Orange Blended Fruit Juice Choice of Milk Ketchup	WG Vegetarian Nuggets Cuban Sauce Yellow Rice Black Beans Plantains WG Dinner Roll Fresh Banana Blended Fruit Juice Choice of Milk
19	20	21	22	23
Closed	Closed	Closed	Closed	Closed
26	27	28	29	30
Closed	Closed	Closed	Closed	Closed