

# Salem Academy Charter School

## 9-12 Vegetarian Lunch Menu

January 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
Cheese Pizza Dippers Marinara Sauce Blueberry Muffin Mixed Vegetables Applesauce Blended Fruit Juice Choice of Milk	Cheese Pizza Green Beans Diced Carrots Diced Pears Orange Juice Choice of Milk Ketchup	Macaroni and Cheese Diced Carrots Broccoli Cuts Dinner Roll Pineapple Tidbits Apple Juice Choice of Milk	Vegetarian Nuggets Whipped Potatoes Green Peas Dinner Roll Goldfish Crackers Diced Peaches Grape Juice Choice of Milk BBQ Sauce	Vegetarian Cheeseburger on Bun Baked Beans Whole Kernel Corn Applesauce Orange Juice Choice of Milk Mustard Ketchup
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
Bean and Cheese Burrito Broccoli Cuts Diced Carrots Applesauce Blended Fruit Juice Choice of Milk	Cheese Pizza Corn Salad Wango Mango Juice Diced Peaches Craisins Choice of Milk	Vegetarian Cheeseburger on Bun French Fries Whole Kernel Corn Fresh Apple Choice of Milk BBQ Sauce Ketchup	Macaroni and Cheese Dinner Roll Diced Carrots Green Beans Fresh Banana Orange Juice Choice of Milk	Vegetarian Nuggets Cuban Sauce Yellow Rice Goldfish Crackers Black Beans Plantains Mixed Fruit Apple Juice Choice of Milk
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b><i>Closed for Holiday</i></b>	Cheese Pizza Broccoli Salad Wango Mango Juice Pineapple Tidbits Craisins Choice of Milk	Vegetarian Cheeseburger on Bun Pinto Beans Whole Kernel Corn Fresh Banana Apple Juice Choice of Milk Mustard Ketchup	Cheese Ravioli with Sauce Breadstick Green Beans Diced Pears Grape Juice Choice of Milk	Vegetarian Nuggets Whipped Potatoes Mixed Vegetables Dinner Roll Goldfish Crackers Fresh Apple Choice of Milk BBQ Sauce
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
Cheese Pizza Dippers Marinara Sauce Banana Muffin Mixed Vegetables Fresh Banana Orange Juice Choice of Milk	Cheese Pizza Corn Salad Chickpea Salad Mixed Fruit Apple Juice Choice of Milk	Vegetarian Nuggets Diced Carrots Green Beans Dinner Roll Goldfish Crackers Fresh Apple Grape Juice Choice of Milk BBQ Sauce	Cheese Ravioli with Sauce Broccoli Cuts Breadstick Diced Peaches Blended Fruit Juice Choice of Milk	Vegetarian Cheeseburger on Bun Whole Kernel Corn Green Peas Fresh Banana Orange Juice Choice of Milk Mustard Ketchup
<b>31</b>				
Bean and Cheese Burrito Broccoli Cuts Diced Carrots Applesauce Blended Fruit Juice Choice of Milk				

**BEFORE PLACING YOUR ORDER, PLEASE INFORM YOUR SERVER IF A PERSON IN YOUR PARTY HAS A FOOD ALLERGY**

**This institution is an equal opportunity provider**