

VEGETARIAN LUNCH 9-12

Salem Academy Charter School
March 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Vegetarian Meatballs Brown Gravy Whipped Potatoes Green Beans WG Dinner Roll Assorted Fruit Choice of Milk Juice	WG Macaroni & Cheese Baked Beans Diced Carrots Assorted Fruit Choice of Milk Juice	Vegetarian Cheeseburger Crispy Cubed Potatoes Whole Kernel Corn WG Hamburger Bun Assorted Fruit Choice of Milk Juice	Vegetarian Nuggets Sweet Potato Tots Broccoli Assorted Fruit Choice of Milk Juice	Cheese Pizza Dippers Marinara Sauce Mixed Vegetables Assorted Fruit Choice of Milk Juice
9	10	11	12	13
Vegetarian Cheeseburger Crispy Cubed Potatoes Broccoli WG Hamburger Bun Assorted Fruit Choice of Milk Juice	Vegetarian Chili Whole Kernel Corn Assorted Fruit Choice of Milk Juice	Vegetarian Nuggets Sweet Potato Tots Green Beans Assorted Fruit Choice of Milk Juice	WG Macaroni & Cheese Crispy Cubed Potatoes Assorted Fruit Choice of Milk Juice	Galaxy Cheese Pizza Diced Carrots Assorted Fruit Choice of Milk Juice
16	17	18	19	20
WG Macaroni & Cheese Green Peas Whole Kernel Corn Assorted Fruit Choice of Milk Juice	Vegetarian Nuggets Sweet Potato Tots Green Beans Assorted Fruit Choice of Milk Juice	Vegetarian Cheeseburger Baked Beans WG Hamburger Bun Assorted Fruit Choice of Milk Juice	Vegetarian Meatballs Brown Gravy Mashed Potatoes Sliced Carrots Assorted Fruit Choice of Milk Juice	Cheese Pizza Dippers Marinara Sauce Broccoli Assorted Fruit Choice of Milk Juice
23	24	25	26	27
WG Macaroni & Cheese Sweet Potato Tots Assorted Fruit Choice of Milk Juice	Vegetarian Nuggets Green Peas Diced Carrots Assorted Fruit Choice of Milk Juice	Vegetarian Meatballs Brown Gravy Mashed Potatoes Broccoli Assorted Fruit Choice of Milk Juice	Vegetarian Taco Meat Whole Kernel Corn Pinto Beans with Cheese Assorted Fruit Choice of Milk Juice	Galaxy Cheese Pizza Green Beans Assorted Fruit Choice of Milk Juice
30	31	<i>This institution is an equal opportunity provider.</i>		
Vegetarian Nuggets Sweet Potato Tots Green Beans Assorted Fruit Choice of Milk Juice	Vegetarian Meatballs Marinara Sauce WG Penne Pasta Broccoli Assorted Fruit Choice of Milk Juice	 <p>TRIO Community Meals Nourishment through compassionate care.</p>		Allergen Disclaimer: Meals prepared in this kitchen may contain or come into contact with tree nuts, sesame, peanuts, soy, eggs, milk, fish, crustacean shellfish, wheat, and gluten-containing products. Despite precautions, cross-contact may occur. We cannot guarantee meals are allergen-free.