

Salem Academy Charter School

Vegetarian Lunch Menu

May 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Egg & Cheese Bagel Baked Beans Wango Mango Juice Applesauce Grape Juice Choice of Milk	3 Galaxy Cheese Pizza Mixed Vegetables French Fries Diced Pears Orange Juice Choice of Milk Ketchup	4 Vegetarian Nuggets Korean BBQ Sauce Diced Carrots Broccoli Cuts Brown Rice Dinner Roll Pineapple Tidbits Blended Fruit Juice Choice of Milk	5 Bean and Cheese Burrito Whole Kernel Corn Tortilla Chips Wango Mango Juice Diced Peaches Craisins Choice of Milk Salsa	6 Cheesy Penne Bake Diced Carrots Green Beans Breadstick Mixed Fruit Apple Juice Choice of Milk
9 Cheese Pizza Dippers Broccoli Cuts Marinara Sauce Diced Peaches Blended Fruit Juice Choice of Milk	10 Bean and Cheese Burrito Diced Carrots Tortilla Chips Wango Mango Juice Fresh Apple Craisins Choice of Milk Salsa	11 Egg & Cheese Bagel French Fries Mixed Vegetables Mixed Fruit Grape Juice Choice of Milk Ketchup	12 Cheese Lasagna with Sauce Green Beans Breadstick Animal Crackers Fresh Banana Orange Juice Choice of Milk	13 Vegetarian Nuggets Cuban Sauce Black Beans Plantains Yellow Rice Dinner Roll Applesauce Grape Juice Choice of Milk
16 Macaroni & Cheese Green Peas Baked Beans Dinner Roll Applesauce Blended Fruit Juice Choice of Milk	17 Bean and Cheese Burrito Broccoli Cuts Wango Mango Juice Fresh Apple Choice of Milk Salsa	18 Egg & Cheese Bagel Whole Kernel Corn Diced Carrots Fresh Banana Apple Juice Choice of Milk	19 Cheesy Penne Bake Green Beans Breadstick Diced Pears Grape Juice Choice of Milk	20 Garbanzo Beans Diced Carrots Diced Potatoes Tikka Masala Sauce Brown Rice Dinner Rolls Pineapple Tidbits Orange Juice Choice of Milk
23 Cheese Ravioli with Sauce Green Beans Breadstick Applesauce Orange Juice Choice of Milk	24 Egg & Cheese Bagel Crispy Cubed Potatoes Wango Mango Juice Mixed Fruit Apple Juice Choice of Milk Ketchup	25 Bean and Cheese Burrito Tortilla Chips Diced Carrots Green Beans Fresh Banana Grape Juice Choice of Milk Salsa	26 Garbanzo Beans Marinara Sauce with Parmesan Penne Pasta Breadstick Broccoli Cuts Diced Peaches Blended Fruit Juice Choice of Milk	27 Vegetarian Nuggets Country Gravy Whipped Potatoes Baked Beans Dinner Roll Goldfish Crackers Fresh Apple Choice of Milk
30 Closed	31 Galaxy Cheese Pizza Mixed Vegetables French Fries Diced Pears Orange Juice Choice of Milk Ketchup			

BEFORE PLACING YOUR ORDER, PLEASE INFORM YOUR SERVER IF A PERSON IN YOUR PARTY HAS A FOOD ALLERGY

This institution is an equal opportunity provider