

COLD BREAKFAST

OCTOBER 2026



Monday Fruit: Orange	Tuesday Fruit: Apple	Wednesday Fruit: Clementine	Thursday Fruit: Banana	Friday Fruit: Apple
SEP 28	SEP 29	SEP 30	OCT 1	OCT 2
Cinnamon Toast Crunch Cereal <u>Contains soy, wheat</u>	Chocolate Chip Muffin <u>Contains milk, egg, soy, wheat</u>	Pop Tart <u>Contains wheat</u>	ZEE ZEE'S Strawberry Bar <u>Contains soy, wheat, dairy</u>	Cocoa Puffs Cereal <u>Contains wheat</u>
5	6	7	8	9
Cinnamon Toast Crunch Cereal <u>Contains soy, wheat</u>	Cocoa Puffs Cereal <u>Contains wheat</u>	Pop Tart <u>Contains wheat</u>	Blueberry Muffin (Whole Wheat) <u>Contains eggs, milk, soy, wheat</u>	Whole Wheat Bagel w/ Cream Cheese <u>Contains milk, soy, wheat</u>
12	13	14	15	16
Trix 25% Less Sugar	Chocolate Chip Muffin <u>Contains milk, egg, soy, wheat</u>	Cocoa Puffs Cereal <u>Contains wheat</u>	Honey Bun <u>Contains dairy, wheat, egg, soy</u>	Pop Tart <u>Contains wheat</u>
19	20	21	22	23
Cinnamon Toast Crunch Cereal <u>Contains soy, wheat</u>	Blueberry Muffin (Whole Wheat) <u>Contains eggs, milk, soy, wheat</u>	Yogurt/ granola <u>Contains dairy</u>	ZEE ZEE'S Strawberry Bar <u>Contains soy, wheat, dairy</u>	Cocoa Puffs Cereal <u>Contains wheat</u>
26	27	28	29	30
Cocoa Puffs Cereal <u>Contains wheat</u>	Honey Bun <u>Contains dairy, wheat, egg, soy</u>	Whole Wheat Bagel w/ Cream Cheese <u>Contains milk, soy, wheat</u>	Pop Tart <u>Contains wheat</u>	Chocolate Chip Muffin <u>Contains milk, egg, soy, wheat</u>

Every Meal Includes a 8 ounce 2% Milk Carton or a 8 ounce Chocolate Milk Carton