

Salem Academy Charter School

COLD Lunch Menu

October 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	3	4	5	6
Sunbutter & Jelly Broccoli Salad Wango Mango Juice Fresh Apple Choice of Milk	Bologna & Cheeses on WG Black Bean Salad Potato Salad Fresh Orange Blended Fruit Juice Choice of Milk	Taco Salad Carrot Raisin Salad WG Tortilla Chips WG Dinner Roll Diced Pears Apple Juice Choice of Milk Ranch Dressing	Chef Salad w/Chicken Tomato Basil Salad WG Dinner Roll WG Birthday Grahams Fresh Banana Orange Juice Choice of Milk Caesar Salad Dressing	Tuna Salad Corn Salad Cucumber Salad WG Hamburger Bun Diced Peaches Raisins Choice of Milk
	10	11	12	13
No School	Bologna & Cheese on WG Honey Ginger Carrots Green Pea Salad Diced Peaches Apple Juice Choice of Milk	Taco Salad WG Tortilla Chips WG Birthday Grahams Fresh Orange Blended Fruit Juice Choice of Milk Ranch Dressing	Turkey & Cheese on WG Corn Salad Wango Mango Juice Fresh Apple Choice of Milk	Chef Salad w/Chicken Chickpea Salad WG Dinner Roll Graham Crackers Fresh Banana Grape Juice Choice of Milk Ranch Dressing
	17	18	19	20
Sunbutter & Jelly Fresh Baby Carrots Wango Mango Juice Fresh Apple Choice of Milk	Turkey & Cheese on WG Honey Ginger Carrots Black Bean Salad Fresh Orange Apple Juice Choice of Milk	Bologna & Cheese on WG Tomato Basil Salad Corn Salad Pineapple Tidbits Orange Juice Choice of Milk	Caesar Salad w/Chicken Green Pea Salad WG Dinner Roll WG Pretzel Goldfish Diced Pears Grape Juice Choice of Milk Caesar Salad Dressing	Tuna Salad Cucumber Salad Dragon Punch WG Dinner Roll WG Birthday Grahams Fresh Banana Raisins Choice of Milk
	24	25	26	1/2 DAY 27
Chicken Salad Fresh Baby Carrots Green Bean Salad WG Hamburger Bun Diced Pears Orange Juice Choice of Milk	Salami & Cheese on WG Carrot Raisin Salad Broccoli Salad Diced Peaches Grape Juice Choice of Milk	Chef Salad w/Chicken Corn Salad WG Dinner Rolls Fresh Orange Apple Juice Choice of Milk Ranch Dressing	Bologna & Cheese on WG Green Pea Salad Cucumber Salad Fresh Banana Blended Fruit Juice Choice of Milk	Taco Salad Black Bean Salad WG Tortilla Chips WG Birthday Grahams Fresh Apple Choice of Milk Ranch Dressing
30	31			
Chicken Salad Broccoli Salad Fresh Baby Carrots WG Hamburger Bun WG Campfire S'mores Bar Mixed Fruit Grape Juice Choice of Milk	Bologna & Cheese on WG Green Bean Salad Potato Salad Diced Peaches Apple Juice Choice of Milk			 <p>TRIO Community Meals</p> <p>Nourishment through compassionate care.</p>