

Salem Academy Charter School

HOT Lunch Menu

October 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Galaxy Cheese Pizza Wango Mango Juice Green Peas WG Birthday Grahams Fresh Apple Choice of Milk	3 Cheeseburger Sliders Baked Beans Tater Tots Fresh Orange Blended Fruit Juice Choice of Milk Mustard Ketchup	4 WG Chicken Nuggets Sliced Carrots Green Beans WG Dinner Roll Diced Pears Apple Juice Choice of Milk BBQ Sauce	5 Baked Meatballs Marinara Sauce WG Penne Pasta Broccoli Cuts WG Dinner Roll Fresh Banana Orange Juice Choice of Milk	6 WG Breaded Chicken Patty Whole Kernel Corn Diced Peaches Raisins Dragon Punch WG Waffle Choice of Milk Syrup
9 No School	10 WG Chicken Tenders Sweet Potato Tots Green Beans WG Dinner Roll Diced Peaches Apple Juice Choice of Milk BBQ Sauce	11 Diced Turkey Poultry Gravy Whipped Potatoes Sliced Carrots WG Cornbread Loaf WG Birthday Grahams Fresh Orange Blended Fruit Juice Choice of Milk	12 Orange Chicken with Brown Rice Green Peas Wango Mango Juice Fresh Apple Choice of Milk	13 Turkey Hot Dog Baked Beans WG Hot Dog Bun Graham Crackers Fresh Banana Raisins Dragon Punch Choice of Milk Ketchup
17 Galaxy Cheese Pizza Green Beans WG Pretzel Goldfish Fresh Apple Wango Mango Juice Choice of Milk	17 WG Chicken Nuggets Sweet Potato Tots Baked Beans WG Dinner Roll Fresh Orange Apple Juice Choice of Milk BBQ Sauce Ketchup	18 Baked Meatballs Teriyaki Sauce Brown Rice Green Peas Sliced Carrots WG Dinner Roll Pineapple Tidbits Orange Juice Choice of Milk	19 Diced Chicken Alfredo Sauce WG Penne Pasta Broccoli Cuts Mixed Vegetables WG Dinner Roll Diced Pears Grape Juice Choice of Milk	20 Cheese Omelet Butternut Squash Dragon Punch WG Cinnamon Roll Fresh Banana Raisins Choice of Milk
24 Stuffed Shells w/Sauce Green Beans Diced Pears Orange Juice WG Pretzel Goldfish Choice of Milk	24 Meatloaf Brown Gravy Whipped Potatoes Sliced Carrots WG Dinner Roll Diced Peaches Grape Juice WG Birthday Grahams Choice of Milk	25 WG Breaded Chicken Patty Crispy Cubed Potatoes Broccoli Cuts WG Hamburger Bun Fresh Orange Apple Juice Choice of Milk Ketchup	26 Baked Meatballs BBQ Sauce Green Peas Whole Kernel Corn WG Dinner Rolls Fresh Banana Blended Fruit Juice Choice of Milk	1/2 DAY 27 Turkey Hot Dog Baked Beans Wango Mango Juice WG Hot Dog Bun Fresh Apple Choice of Milk Ketchup Mustard
30 Cheese Pizza Dippers Marinara Sauce Broccoli Cuts WG Campfire S'mores Bar Mixed Fruit Grape Juice Choice of Milk	31 Orange Chicken with Green Beans Sliced Carrots WG Birthday Grahams Diced Peaches Apple Juice Choice of Milk			
				 <p>TRIO Community Meals Nourishment through compassionate care.</p>