

VEGETARIAN LUNCH 9-12

Salem Academy Charter School
October 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.		1	2	3
		Vegetarian Meatballs Brown Gravy Mashed Potatoes Broccoli WG Dinner Roll WG Birthday Grahams Choice of Milk Fruit Juice	Vegetarian Taco Meat Whole Kernel Corn Pinto Beans with Cheese WG Tortilla Chips Goldfish Giant Grahams Choice of Milk Fruit Juice	Galaxy Cheese Pizza Green Beans Choice of Milk Fruit Juice
6	7	8	9	10
Vegetarian Nuggets Sweet Potato Tots Green Beans WG Cornbread Loaf Choice of Milk Fruit Juice	Vegetarian Meatballs Marinara Sauce WG Penne Pasta Broccoli Choice of Milk Fruit Juice	WG Macaroni & Cheese Tater Tots Mango Splash Juice WG Cornbread Loaf Choice of Milk Fruit Juice	Vegetarian Cheeseburger Baked Beans Mixed Vegetables Choice of Milk Fruit Juice	Galaxy Cheese Pizza Diced Carrots Choice of Milk Fruit Juice
13	14	15	16	17
No School	WG Macaroni & Cheese Baked Beans Diced Carrots WG Cornbread Loaf Choice of Milk Fruit Juice	Vegetarian Cheeseburger Crispy Cubed Potatoes Whole Kernel Corn Choice of Milk Fruit Juice	Vegetarian Nuggets Sweet Potato Tots Broccoli WG Cornbread Loaf Choice of Milk Fruit Juice	Cheese Pizza Dippers Marinara Sauce Mixed Vegetables Choice of Milk Fruit Juice
20	21	22	23	24
Vegetarian Cheeseburger Crispy Cubed Potatoes Broccoli Choice of Milk Fruit Juice	Vegetarian Chili Whole Kernel Corn WG Cornbread Loaf WG Birthday Grahams Choice of Milk Fruit Juice	Vegetarian Nuggets Sweet Potato Tots Green Beans WG Dinner Roll Choice of Milk Fruit Juice	WG Macaroni & Cheese Crispy Cubed Potatoes Sun Splash Juice WG Cornbread Loaf Choice of Milk Fruit Juice	Galaxy Cheese Pizza Diced Carrots Choice of Milk Fruit Juice
27	28	29	30	31
WG Macaroni & Cheese Green Peas Whole Kernel Corn WG Cornbread Loaf Choice of Milk Fruit Juice	Vegetarian Nuggets Sweet Potato Tots Green Beans WG Dinner Roll Choice of Milk Fruit Juice	Vegetarian Cheeseburger Baked Beans Choice of Milk Fruit Juice	Vegetarian Meatballs Brown Gravy Mashed Potatoes Sliced Carrots WG Cornbread Loaf WG Birthday Grahams Choice of Milk Fruit Juice	Early Dismissal Cheese Pizza Dippers Marinara Sauce Broccoli Choice of Milk Fruit Juice