

VEGETARIAN LUNCH 9-12

Salem Academy Charter School
September 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
No school	Pasta with Vegetarian Meatballs Marinara Sauce Broccoli Choice of Milk Juice Fruit	WG Macaroni & Cheese Tater Tots WG Cornbread Loaf Choice of Milk Juice Fruit	Vegetarian Cheeseburger Baked Beans Mixed Vegetables Choice of Milk Juice Fruit	Galaxy Cheese Pizza Diced Carrots Choice of Milk Juice Fruit
8	9	10	11	12
Vegetarian Meatballs Brown Gravy Whipped Potatoes Green Beans WG Cornbread Loaf Goldfish Giant Grahams Choice of Milk Juice Fruit	WG Macaroni & Cheese Baked Beans Diced Carrots WG Cornbread Loaf Choice of Milk Juice Fruit	Vegetarian Cheeseburger Crispy Cubed Potatoes Whole Kernel Corn Choice of Milk Juice Fruit	Vegetarian Nuggets Sweet Potato Tots Broccoli WG Cornbread Loaf Choice of Milk Juice Fruit	REACH DAY BAGGED LUNCH Sunbutter and Jelly Sandwich Baby Carrots Chip/Snack Juice Fresh Orange Raisins
15	16	17	18	19
Vegetarian Cheeseburger Crispy Cubed Potatoes Broccoli Choice of Milk Juice Fruit	Vegetarian Chili Whole Kernel Corn WG Cornbread Loaf WG Birthday Grahams Choice of Milk Juice Fruit	Vegetarian Nuggets Sweet Potato Tots Green Beans WG Dinner Roll Choice of Milk Juice Fruit	WG Macaroni & Cheese Crispy Cubed Potatoes WG Cornbread Loaf Choice of Milk Juice Fruit	Galaxy Cheese Pizza Diced Carrots Choice of Milk Juice Fruit
22	23	24	25	26
WG Macaroni & Cheese Green Peas Whole Kernel Corn WG Cornbread Loaf Choice of Milk Juice Fruit	Vegetarian Nuggets Sweet Potato Tots Green Beans WG Dinner Roll Choice of Milk Juice Fruit	Vegetarian Cheeseburger Baked Beans Choice of Milk Juice Fruit	Vegetarian Meatballs Brown Gravy Mashed Potatoes Sliced Carrots WG Cornbread Loaf WG Birthday Grahams Choice of Milk Juice Fruit	Early Dismissal Cheese Pizza Dippers Marinara Sauce Broccoli Choice of Milk Juice Fruit
29	30	This institution is an equal opportunity provider.		
WG Macaroni & Cheese Sweet Potato Tots WG Cornbread Loaf Choice of Milk Juice Fruit	Vegetarian Nuggets Green Peas Diced Carrots WG Cornbread Loaf Choice of Milk Juice Fruit			